MULTAQ Prescribing Information

1. NAME OF THE MEDICINAL PRODUCT

MULTAQ

2. QUALITATIVE AND QUANTITATIVE COMPOSITION

Each tablet contains 400 mg of dronedarone (as hydrochloride).

Excipients:
Each tablet also contains 41.65 mg of lactose (as monohydrate).
For a full list of excipients, see section 6.1.

3. PHARMACEUTICAL FORM

Film-coated tablet (tablet).

White, oblong shaped tablets, engraved with a double wave marking on one side and “4142” code on the other side.

4. CLINICAL PARTICULARS

4.1 Therapeutic indications

MULTAQ is indicated for the maintenance of sinus rhythm after successful cardioversion in adult clinically stable patients with paroxysmal or persistent atrial fibrillation (AF).

Due to its safety profile (see sections 4.3 and 4.4), Multaq should only be prescribed after alternative treatment options have been considered.

MULTAQ should not be given to patients with left ventricular systolic dysfunction or to patients with current or previous episodes of heart failure.

4.2 Posology and method of administration

Treatment should be initiated and monitored only under specialist supervision (see section 4.4).

Treatment with MULTAQ can be initiated in an outpatient setting.

The recommended dose is 400 mg twice daily in adults. It should be taken as

- one tablet with the morning meal and
- one tablet with the evening meal.

Grapefruit juice should not be taken together with MULTAQ (see section 4.5).

If a dose is missed, patients should take the next dose at the regular scheduled time and should not double the dose.

Treatment with Class I or III antiarrhythmics (such as flecainide, propafenone, quinidine, disopyramide, dofetilide, sotalol, amiodarone) must be stopped before starting MULTAQ.

There is limited information on the optimal timing to switch from amiodarone to MULTAQ. It should be considered that amiodarone may have a long duration of action after discontinuation due to its long half life. If a switch is envisaged, this should be done under the supervision of a specialist (see sections 4.3 and 5.1).
Paediatric Population

The safety and efficacy of MULTAQ in children aged below 18 years of age have not yet been established. No data are available.

Elderly

Efficacy and safety were comparable in elderly patients who did not suffer from other cardiovascular diseases and younger patients. Caution is needed in patients ≥75 years old when co-morbidities are present (see sections 4.3, 4.4 and 5.1). Although plasma exposure in elderly females was increased in a pharmacokinetic study conducted in healthy subjects, dose adjustments are not considered necessary (see sections 5.1 and 5.2).

Hepatic impairment

MULTAQ is contraindicated in patients with severe hepatic impairment because of the absence of data (see section 4.3 and 4.4). No dose adjustment is required in patients with mild or moderate hepatic impairment (see section 5.2).

Renal impairment

MULTAQ is contraindicated in patients with severe renal impairment (creatinine clearance (CrCl) <30 ml/min) (see section 4.3). No dose adjustment is required in other patients with renal impairment (see sections 4.4 and 5.2).

4.3 Contraindications

- Hypersensitivity to the active substance or to any of the excipients
- Second- or third-degree Atrio-Ventricular block, complete bundle branch block, distal block, sinus node dysfunction, atrial conduction defects, or sick sinus syndrome (except when used in conjunction with a functioning pacemaker)
- Bradycardia ≤50 beats per minute (bpm)
- Permanent AF with an AF duration ≥6 months (or duration unknown) and attempts to restore sinus rhythm no longer considered by the physician
- Patients in unstable hemodynamic conditions
- History of, or current heart failure or left ventricular systolic dysfunction
- Patients with liver and lung toxicity related to the previous use of amiodarone
- Co-administration with potent cytochrome P 450 (CYP) 3A4 inhibitors, such as ketoconazole, itraconazole, voriconazole, posaconazole, telithromycin, clarithromycin, nefazodone and ritonavir (see section 4.5)
- Medicinal products inducing torsade de pointes such as phenothiazines, cisapride, bepridil, tricyclic antidepressants, terfenadine and certain oral macrolides (such as erythromycin), Class I and III antiarrhythmics (see section 4.5)
- QTc Bazett interval ≥500 milliseconds
- Severe hepatic impairment
- Severe renal impairment (CrCl <30 ml/min)
- Pregnancy
- Co-administration with dabigatran

4.4 Special warnings and precautions for use

Careful monitoring during dronedarone administration is recommended by regular assessment of cardiac, hepatic and pulmonary function (see below). If AF reoccurs discontinuation of dronedarone should be considered. Treatment with dronedarone should be stopped during the course of treatment, in case the patient develops any of the conditions which would lead to a contraindication as mentioned in section 4.3. Monitoring of co-administered drugs like digoxin and anti-coagulants is necessary.

Patients developing permanent AF during treatment

- A clinical study in patients with permanent AF (AF duration for at least 6 months) and cardiovascular risk factors was stopped early due to an excess of cardiovascular death, stroke and heart failure in patients receiving MULTAQ (see section 5.1). It is recommended to perform
Patients with history of, or current heart failure or left ventricular systolic dysfunction
MULTAQ is contraindicated in patients in unstable hemodynamic conditions, with history of, or current heart failure or left ventricular systolic dysfunction (see section 4.3).
Patients should be carefully evaluated for symptoms of Congestive Heart Failure. There have been spontaneously reported events of new or worsening heart failure during treatment with MULTAQ. Patients should be advised to consult a physician if they develop or experience signs or symptoms of heart failure, such as weight gain, dependent oedema, or increased dyspnoea. If heart failure develops, treatment with MULTAQ should be discontinued.
Patients should be followed for the development of left ventricular systolic dysfunction during treatment. If left ventricular systolic dysfunction develops, treatment with MULTAQ should be discontinued.

Patients with coronary artery disease
Caution is needed in patients with coronary artery disease.

Elderly
Caution is needed in elderly patients ≥ 75 years with multiple co-morbidities (See sections 4.2 and 5.1).

Liver Injury
Hepatocellular liver injury, including life-threatening acute liver failure, has been reported in patients treated with MULTAQ in the post-marketing setting. Liver function tests should be performed prior to initiation of treatment with dronedarone after one week and after one month following initiation of treatment and then repeated monthly for six months, at months 9 and 12, and periodically thereafter.
If alanine aminotransferase (ALT) levels are elevated ≥3 × upper limit of normal (ULN), ALT levels should be re-measured within 48 to 72 hours. If ALT levels are confirmed to be ≥3 × ULN, treatment with dronedarone should be withdrawn. Appropriate investigation and close observation of patients should continue until normalization of ALT.
Patients should immediately report any symptoms of potential liver injury (such as sustained new-onset abdominal pain, anorexia, nausea, vomiting, fever, malaise, fatigue, jaundice, dark urine or itching) to their physician.

Management of plasma creatinine increase
An increase in plasma creatinine (mean increase 10 μmol/L) has been observed with dronedarone 400 mg twice daily in healthy subjects and in patients. In most patients this increase occurs early after treatment initiation and reaches a plateau after 7 days. It is recommended to measure plasma creatinine values prior to and 7 days after initiation of dronedarone. If an increase in creatininemia is observed, serum creatinine should be re-measured after a further 7 days. If no further increase in creatinaemia is observed, this value should be used as the new reference baseline taking into account that this may be expected with dronedarone. If serum creatinine continues to rise then consideration should be given to further investigation and discontinuing treatment. An increase in creatininemia should not necessarily lead to the discontinuation of treatment with ACE-inhibitors or Angiotensin II Receptors Antagonists (AIIRAs).
Larger increases in creatinine after dronedarone initiation have been reported in the postmarketing setting. Some cases also reported increases in blood urea nitrogen possibly due to hypoperfusion secondary to developing CHF (pre-renal azotaemia). In such cases dronedarone should be stopped (see sections 4.3 and 4.4). It is recommended to monitor renal function periodically and to consider further investigations as needed.

Patients with renal impairment
MULTAQ is contraindicated in patients with CrCl <30 ml/min (see section 4.3).

Electrolytes imbalance
Since antiarrhythmic medicinal products may be ineffective or may be arrhythmogenic in patients with hypokalemia, any potassium or magnesium deficiency should be corrected before initiation and during dronedarone therapy.
**QT prolongation**
The pharmacological action of dronedarone may induce a moderate QTc Bazett prolongation (about 10 msec), related to prolonged repolarisation. These changes are linked to the therapeutic effect of dronedarone and do not reflect toxicity. Follow up, including ECG (electrocardiogram), is recommended during treatment. If QTc Bazett interval is ≥500 milliseconds, dronedarone should be stopped (see section 4.3).

Based on clinical experience, dronedarone has a low pro-arrhythmic effect and has shown a decrease in arrhythmic death in the ATHENA study (see section 5.1). However, proarrhythmic effects may occur in particular situations such as concomitant use with medicinal products favouring arrhythmia and/or electrolytic disorders (see sections 4.4 and 4.5).

**Respiratory, thoracic and mediastinal disorders**
Cases of interstitial lung disease including pneumonitis and pulmonary fibrosis have been reported in post-marketing experience. Onset of dyspnoea or non-productive cough may be related to pulmonary toxicity and patients should be carefully evaluated clinically. If pulmonary toxicity is confirmed treatment should be discontinued.

**Interactions (see section 4.5)**

**Digoxin.** Administration of dronedarone to patients receiving digoxin will bring about an increase in the plasma digoxin concentration and thus precipitate symptoms and signs associated with digoxin toxicity. Clinical, ECG and biological monitoring is recommended, and digoxin dose should be halved. A synergistic effect on heart rate and atrioventricular conduction is also possible. The co-administration of beta-blockers or calcium antagonists with depressant effect on sinus and atrio-ventricular node should be undertaken with caution. These medicinal products should be initiated at low dose and up titration should be done only after ECG assessment. In patients already on calcium antagonists or beta blockers at time of dronedarone initiation, an ECG should be performed and the dose should be adjusted if needed.

**Anticoagulation**
Patients should be appropriately anti-coagulated as per clinical AF guidelines. International Normalized Ratio (INR) should be closely monitored after initiating dronedarone in patients taking vitamin K antagonists as per their label.

**Dabigatran**
Dronedarone increases the exposure of dabigatran (See section 4.5). No clinical data are available regarding the co-administration of these drugs in AF patients. Their co-administration is not recommended.

Potent CYP3A4 inducers such as rifampicin, phenobarbital, carbamazepine, phenytoin or St John’s Wort are not recommended. MAO inhibitors might decrease the clearance of the active metabolite of dronedarone and should therefore be used with caution. Statins should be used with caution. Lower starting dose and maintenance doses of statins should be considered and patients monitored for clinical signs of muscular toxicity. Patients should be warned to avoid grapefruit juice beverages while taking dronedarone.

**Patients with galactose intolerance**
Due to the presence of lactose in this medicinal product, patients with rare hereditary problems of galactose intolerance, the Lapp lactase deficiency or glucose-galactose malabsorption, should not take this medicine.

### 4.5 Interaction with other medicinal products and other forms of interaction

Dronedarone is primarily metabolised by CYP 3A4 (see section 5.2). Therefore, inhibitors and inducers of CYP 3A4 have the potential to interact on dronedarone. Dronedarone is a moderate inhibitor of CYP 3A4, a mild inhibitor of CYP 2D6 and a potent inhibitor of P-glycoproteins (P-gp). Dronedarone therefore, has the potential to interact on medicinal products substrates of P-glycoproteins, CYP 3A4 or CYP 2D6. Dronedarone and/or its metabolites also have been shown to inhibit transport proteins of the Organic Anion Transporter (OAT); Organic Anion Transporting Polypeptide (OATP) and Organic Cation Transporter (OCT) families in vitro.
Dronedarone has no significant potential to inhibit CYP 1A2, CYP 2C9, CYP 2C19, CYP 2C8 and CYP 2B6. A potential pharmacodynamic interaction can also be expected with beta-blockers, calcium antagonists and digitalis.

**Medicinal products inducing torsades de pointes**

Medicinal products inducing torsades de pointes such as phenothiazines, cisapride, bepridil, tricyclic antidepressants, certain oral macrolides (such as erythromycin), terfenadine and Class I and III antiarrhythmics are contraindicated because of the potential risk of proarrhythmia (see section 4.3). Caution should also be taken with co-administration with beta-blockers or digoxin.

**Effect of other medicinal products on MULTAQ**

**Potent CYP 3A4 inhibitors**

Repeated doses of 200 mg ketoconazole daily resulted in a 17-fold increase in dronedarone exposure. Therefore, concomitant use of ketoconazole as well as other potent CYP 3A4 inhibitors such as itraconazole, voriconazole, pozaconazole, ritonavir, telithromycin, clarithromycin or nefazodone is contraindicated (see section 4.3).

**Moderate/weak CYP 3A4 inhibitors**

**Erythromycin**

Erythromycin, an oral macrolide, may induce torsades de pointes and, as such, is contraindicated (see section 4.3). Repeated doses of erythromycin (500 mg three times a day for 10 days) resulted in an increase in steady state dronedarone exposure of 3.8 fold.

**Calcium antagonists**

Calcium antagonists, diltiazem and verapamil, are substrates and/or moderate inhibitors of CYP 3A4. Moreover, due to their heart rate-lowering properties, verapamil and diltiazem have the potential to interact with dronedarone from a pharmacodynamic point of view. Repeated doses of diltiazem (240 mg twice daily), verapamil (240 mg once daily) and nifedipine (20 mg twice daily) resulted in an increase in dronedarone exposure of 1.7-, 1.4- and 1.2-fold, respectively. Calcium antagonists also have their exposure increased by dronedarone (400 mg twice daily) (verapamil by 1.4-fold, and nisoldipine by 1.5-fold). In clinical trials, 13% of patients received calcium antagonists concomitantly with dronedarone. There was no increased risk of hypotension, bradycardia and heart failure.

Overall, due to the pharmacokinetic interaction and possible pharmacodynamic interaction, calcium antagonists with depressant effects on sinus and atrio-ventricular node such as verapamil and diltiazem should be used with caution when associated with dronedarone. These medicinal products should be initiated at low dose and up-titration should be done only after ECG assessment. In patients already on calcium antagonists at time of dronedarone initiation, an ECG should be performed and the calcium antagonist dose should be adjusted if needed (see section 4.4).

**Other moderate/weak CYP3A4 Inhibitors**

Other moderate inhibitors of the CYP3A4 such as erythromycin are also likely to increase dronedarone exposure.

**CYP 3A4 inducers**

Rifampicin (600 mg once daily) decreased dronedarone exposure by 80% with no major change on its active metabolite exposure. Therefore, co-administration of rifampicin and other potent CYP 3A4 inducers such as phenobarbital, carbamazepine, phenytoin or St John’s Wort is not recommended as they decrease dronedarone exposure.

**MAO inhibitors**

In an in vitro study MAO contributed to the metabolism of the active metabolite of dronedarone. The clinical relevance of this observation is not known (see sections 4.4 and 5.2).

**Effect of MULTAQ on other medicinal products**

**Interaction on medicinal products metabolized by CYP 3A4**

- Statins:
Dronedarone can increase exposure of statins that are substrates of CYP 3A4 and/or P-gp substrates. Dronedarone (400 mg twice daily) increased simvastatin and simvastatin acid exposure by 4-fold and 2-fold respectively. It is predicted that dronedarone could also increase the exposure of lovastatin within the same range as simvastatin acid. There was a weak interaction between dronedarone and atorvastatin (which resulted in a mean 1.7-fold increase in atorvastatin exposure). There was a weak interaction between dronedarone and statins transported by OATP, such as rosuvastatin (which resulted in a mean 1.4-fold increase in rosuvastatin exposure).

In clinical trials, there was no evidence of safety concerns when dronedarone was co-administered with statins metabolized by CYP 3A4. However, spontaneously reported cases of rhabdomyolysis when dronedarone was given in combination with a statin (simvastatin in particular) have been reported, and, therefore, concomitant use of statins should be undertaken with caution. As high doses of statins increase the risk of myopathy, concomitant use of statins should be undertaken with caution. Lower starting dose and maintenance doses of statins should be considered according to the statin label recommendations and patients monitored for clinical signs of muscular toxicity (see section 4.4).

- **Calcium antagonists**
The interaction of dronedarone on calcium antagonists is described above (see section 4.4).

- **Immunosupresants**
Dronedarone could increase plasma concentrations of immunosupresants (tacrolimus, sirolimus, everolimus and cyclosporine). Monitoring of their plasma concentrations and appropriate dose adjustment is recommended in case of coadministration with dronedarone.

- **Oral contraceptives**
No decreases in ethinylestradiol and levonorgestrel were observed in healthy subjects receiving dronedarone (800 mg twice daily) concomitantly with oral contraceptives.

*Interaction on medicinal products metabolized by CYP 2D6: beta blockers, antidepressants*

- **Beta blockers**
Beta blockers that are metabolized by CYP 2D6 can have their exposure increased by dronedarone. Moreover, beta blockers have the potential to interact with dronedarone from a pharmacodynamic point of view. Dronedarone 800 mg daily increased metoprolol exposure by 1.6-fold and propranolol exposure by 1.3-fold (i.e. much below the 6-fold differences observed between poor and extensive CYP 2D6 metabolisers). In clinical trials, bradycardia was more frequently observed when dronedarone was given in combination with beta-blockers. Due to the pharmacokinetic interaction and possible pharmacodynamic interaction, beta blockers should be used with caution concomitantly with dronedarone. These medicinal products should be initiated at low dose and up-titration should be done only after ECG assessment. In patients already taking beta blockers at time of dronedarone initiation, an ECG should be performed and the beta blocker dose should be adjusted if needed (see section 4.4).

- **Antidepressants**
Since dronedarone is a weak inhibitor of CYP 2D6 in humans, it is predicted to have limited interaction on antidepressant medicinal products metabolized by CYP 2D6.

*Interaction of P-gp substrate*

- **Digoxin**
Dronedarone (400 mg twice daily) increased digoxin exposure by 2.5-fold by inhibiting P-gp transporter. Moreover, digitalis has the potential to interact with dronedarone from a pharmacodynamic point of view. A synergistic effect on heart rate and atrio-ventricular conduction is possible. In clinical trials, increased levels of digitalis and/or gastrointestinal disorders indicating digitalis toxicity were observed when dronedarone was co-administered with digitalis. The digoxin dose should be reduced by approximately 50%, serum levels of digoxin should be closely monitored and clinical and ECG monitoring is recommended.

- **Dabigatran**
When dabigatran etexilate 150 mg once daily was co-administered with dronedarone 400 mg twice daily, the dabigatran AUC0-24, and Cmax were increased by 100% and 70%, respectively. No clinical data are available regarding the co-administration of these drugs in AF patients. Their co-administration is contraindicated (see section 4.3).

Interaction on warfarin and losartan (CYP 2C9 substrates)
- Warfarin and other vitamin K antagonists
  Dronedarone (600 mg twice daily) increased by 1.2-fold S-warfarin with no change in R warfarin and only a 1.07 increase in International Normalized Ratio (INR). However, clinically significant INR elevations (≥5) usually within 1 week after starting dronedarone were reported in patients taking oral anticoagulants. Consequently, INR should be closely monitored after initiating dronedarone in patients taking vitamin K antagonists as per their label.
- Losartan and other AllIRAs (Angiotensin II Receptor Antagonists)
  No interaction was observed between dronedarone and losartan and an interaction between dronedarone and other AllIRAs is not expected.

Interaction on theophylline (CYP 1A2 substrate)
Dronedarone 400 mg twice daily does not increase the steady state theophylline exposure.

Interaction on metformin (OCT1 and OCT2 substrate)
No interaction was observed between dronedarone and metformin, an OCT1 and OCT2 substrate.

Interaction on omeprazole (CYP 2C19 substrate)
Dronedarone does not affect the pharmacokinetics of omeprazole, a CYP 2C19 substrate.

Interaction with clopidogrel
Dronedarone does not affect the pharmacokinetics of clopidogrel and its active metabolite.

Other information
Pantoprazole (40 mg once daily), a medicinal product which increases gastric pH without any effect on cytochrome P450, did not interact significantly on dronedarone pharmacokinetics.

Grapefruit juice (CYP 3A4 inhibitor)
Repeated doses of 300 ml of grapefruit juice three times daily resulted in a 3-fold increase in dronedarone exposure. Therefore, patients should be warned to avoid grapefruit juice beverages while taking dronedarone (see section 4.4).

4.6 Fertility, pregnancy and lactation

Fertility
Dronedarone was not shown to alter fertility in animal studies.

Women of child bearing potential and Pregnancy
There are no or limited amount of data from the use of dronedarone in pregnant women. Studies in animals have shown reproductive toxicity (see section 5.3). MULTAQ is contraindicated during pregnancy and in women of childbearing potential not using contraception.

Breast-feeding
It is unknown whether dronedarone and its metabolites are excreted in human milk. Available pharmacodynamic/toxicological data in animals have shown excretion of dronedarone and its metabolites in milk. A risk to the newborns/infants cannot be excluded. A decision must be made whether to discontinue breast-feeding or to discontinue/abstain from MULTAQ therapy taking into account the benefit of breast-feeding for the child and the benefit of therapy for the woman.

4.7 Effects on ability to drive and use machines
No studies on the effects on the ability to drive and use machines have been performed.

4.8 Undesirable effects
a. Summary of the safety profile

The safety profile of dronedarone 400 mg twice daily in patients with atrial fibrillation (AF) or atrial flutter (AFL) is based on 5 placebo controlled studies, in which a total of 6,285 patients were randomised (3,282 patients received dronedarone 400 mg twice daily, and 2,875 received placebo). The mean exposure across studies was 13 months. In ATHENA study, the maximum follow-up was 30 months.

Assessment of intrinsic factors such as gender or age on the incidence of any treatment emergent adverse reactions showed an interaction for gender (female patients) for the incidence of any adverse reactions and for serious adverse reactions.

In clinical trials, premature discontinuation due to adverse reactions occurred in 11.8% of the dronedarone-treated patients and in 7.7% in the placebo-treated group. The most common reasons for discontinuation of therapy with MULTAQ were gastrointestinal disorders (3.2% of patients versus 1.8% in the placebo group).

The most frequent adverse reactions observed with dronedarone 400 mg twice daily in the 5 studies were diarrhoea, nausea and vomiting, fatigue and asthenia.

b. Tabulated list of adverse reactions

Table 1 displays adverse reactions associated with dronedarone 400 mg twice daily in AF or AFL patients, presented by system organ class and by decreasing order of frequency. Frequencies are defined as: very common (≥1/10), common (≥1/100 to <1/10); uncommon (≥1/1,000 to <1/100); rare (≥1/10,000 to <1/1,000); very rare (<1/10,000).

Within each frequency grouping, adverse reactions are presented in order of decreasing seriousness.

Table 1: Adverse Reactions

<table>
<thead>
<tr>
<th>System organ class</th>
<th>Very Common (≥1/10)</th>
<th>Common (≥1/100 to &lt;1/10)</th>
<th>Uncommon (≥1/1,000 to &lt;1/100)</th>
<th>Rare (≥1/10,000 to &lt;1/1,000)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Immune system disorders</td>
<td></td>
<td></td>
<td></td>
<td>Anaphylactic reactions including angioedema</td>
</tr>
<tr>
<td>Nervous system disorders</td>
<td></td>
<td></td>
<td>Dysgeusia</td>
<td>Ageusia</td>
</tr>
<tr>
<td>Cardiac disorders</td>
<td>Congestive heart failure (see sub section c)</td>
<td>Bradycardia</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Respiratory, thoracic and mediastinal disorders</td>
<td></td>
<td></td>
<td>Interstitial lung disease including pneumonitis and pulmonary fibrosis (see sub section c)</td>
<td></td>
</tr>
<tr>
<td>Gastrointestinal disorders</td>
<td>Diarrhoea</td>
<td>Vomiting</td>
<td>Nausea</td>
<td>Abdominal pains</td>
</tr>
</tbody>
</table>
### System organ class

<table>
<thead>
<tr>
<th>Very Common (≥1/10)</th>
<th>Common (≥1/100 to &lt;1/10)</th>
<th>Uncommon (≥1/1,000 to &lt;1/100)</th>
<th>Rare (≥1/10,000 to &lt;1/1,000)</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Hepatobiliary disorders</strong></td>
<td>Liver function test abnormalities</td>
<td></td>
<td>Hepatocellular liver injury, including life-threatening acute liver failure (see section 4.4)</td>
</tr>
<tr>
<td><strong>Skin and subcutaneous tissue disorders</strong></td>
<td>Rash (including generalised, macular, maculopapular)</td>
<td>Erythemas (including erythema and rash erythematous)</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Pruritus</td>
<td>Eczema</td>
<td>Photosensitivity reaction</td>
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<tr>
<td></td>
<td></td>
<td></td>
<td>Dermatitis allergic</td>
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<tr>
<td></td>
<td></td>
<td></td>
<td>Dermatitis</td>
</tr>
<tr>
<td><strong>General disorders and administration site conditions</strong></td>
<td>Fatigue</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Asthenia</td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Investigations</strong></td>
<td>Blood creatinine increased*</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>QTc Bazett prolonged #</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

* ≥10% five days after treatment initiation
# >450 msec in male >470 msec in female

c. Description of selected adverse reactions

In the 5 placebo controlled studies, CHF occurred in the dronedarone group with rates comparable with placebo (very commonly, 11.2% versus 10.9%). This rate should be considered in the context of the underlying elevated incidence of CHF in AF patients. Cases of CHF have also been reported in post-marketing experience (frequency unknown) (see section 4.4).

In the 5 placebo controlled studies, 0.6% of patients in the dronedarone group had pulmonary events versus 0.8% of patients receiving placebo. Cases of interstitial lung disease including pneumonitis and pulmonary fibrosis have been reported in post-marketing experience (frequency unknown). A number of patients had been previously exposed to amiodarone (see section 4.4).

### Postmarketing Experience

The following adverse reactions have been identified during post-approval use of Multaq. The adverse reactions are derived from spontaneous reports and therefore, the frequency is “not known” (cannot be estimated from the available data).

A few cases of atrial flutter with 1:1 atrioventricular conduction has been reported.

**Vascular disorders**

Vasculitis, including leukocytoclastic vasculitis

4.9 Overdose

It is not known whether dronedarone and/or its metabolites can be removed by dialysis (hemodialysis, peritoneal dialysis, or hemofiltration).

There is no specific antidote available. In the event of overdose, treatment should be supportive and directed toward alleviating symptoms.
5. PHARMACOLOGICAL PROPERTIES

5.1 Pharmacodynamic properties

Pharmacotherapeutic group: antiarrhythmic, ATC code: C01BD07

Mechanism of Action
In animals, dronedarone prevents atrial fibrillation or restores normal sinus rhythm depending on the model used. It also prevents ventricular tachycardia and ventricular fibrillation in several animal models. These effects most likely result from its electrophysiological properties belonging to all four Vaughan-Williams classes. Dronedarone is a multichannel blocker inhibiting the potassium currents (including IK(Ach), IKur, IKr, IKs) and thus prolonging cardiac action potential and refractory periods (Class III). It also inhibits the sodium currents (Class Ib) and the calcium currents (Class IV). It non-competitively antagonises adrenergic activities (Class II).

Pharmacodynamic Properties
In animal models, dronedarone reduces the heart rate. It prolongs Wenckebach cycle length and AH-, PQ-, QT- intervals; with no marked effect or weak increase on QTc-intervals, and with no change in HV- and QRS- intervals. It increases effective refractory periods (ERP) of the atrium, atrio-ventricular node, and ventricular ERP was slightly prolonged with a minimal degree of reverse-frequency-dependency.
Dronedarone decreases arterial blood pressure and myocardial contractility (dP/dt max) with no change in left ventricular ejection fraction and reduces myocardial oxygen consumption. Dronedarone has vasodilatory properties, in coronary arteries (related to the activation of the nitric oxide pathway) and in peripheral arteries. Dronedarone displays indirect antiadrenergic effects and partial antagonism to adrenergic stimulation. It reduces alpha-adrenergic blood pressure response to epinephrine and beta1 and beta2 responses to isoproterenol.

Clinical data

Reduction of risk of AF-related hospitalisation

The efficacy of dronedarone in the reduction of risk of AF-related hospitalisation was demonstrated in patients with AF or a history of AF and additional risk factors in the ATHENA multicenter, multinational, double blind, and randomised placebo-controlled study.
Patients were to have at least one risk factor (including age, hypertension, diabetes, prior cerebrovascular accident, left atrium diameter \( \geq 50 \) mm or LVEF < 0.40) together with AF/AFL and sinus rhythm both documented within the last 6 months. Patients who received amiodarone within 4 weeks prior to randomisation were not included. Patients could be in AF/AFL or in sinus rhythm after spontaneous conversion or following any procedures.
Four thousand six hundred and twenty eight (4,628) patients were randomised and treated for up to 30 months maximum (median follow-up: 22 months) with either dronedarone 400 mg twice daily (2,301 patients) or placebo (2,327 patients), in addition to conventional therapy including beta blockers (71%), ACE inhibitors or AIIRAs (69%) digitalis (14%), calcium antagonists (14%), statins (39%), oral anticoagulants (60%), chronic antiplatelet therapy (6%) and/or diuretics (54%).

The primary endpoint of the study was the time to first hospitalisation for cardiovascular reasons or death from any cause.
Patients ranged in age from 23 to 97 years and 42% were over 75 years old. Forty seven percent (47%) of patients were female and a majority were Caucasian (89%).

The majority had hypertension (86%) and structural heart disease (60%) (including coronary artery disease: 30%; congestive heart failure (CHF): 30%; LVEF< 45%: 12%).
Twenty five percent (25%) had AF at baseline.

Dronedarone reduced the incidence of cardiovascular hospitalisation or death from any cause by 24.2% when compared to placebo (p<0.0001).

The reduction in cardiovascular hospitalisation or death from any cause was consistent in all subgroups, irrespective of baseline characteristics or medications (ACE inhibitors or AIIRAs; beta-blockers, digitalis, statins, calcium antagonists, diuretics) (see figure 1).
Figure 1 - Relative risk (dronedarone 400 mg twice daily versus placebo) estimates with 95% confidence intervals according to selected baseline characteristics- first cardiovascular hospitalisation or death from any cause.

<table>
<thead>
<tr>
<th>Characteristic</th>
<th>N</th>
<th>RR [95% CI] (a)</th>
<th>P-value (b)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Age (years)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>&lt;65</td>
<td>873</td>
<td>0.89 [0.71;1.11]</td>
<td></td>
</tr>
<tr>
<td>65-75</td>
<td>1830</td>
<td>0.71 [0.60;0.83]</td>
<td></td>
</tr>
<tr>
<td>&gt;75</td>
<td>1925</td>
<td>0.75 [0.65;0.87]</td>
<td>0.27</td>
</tr>
<tr>
<td>Gender</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Male</td>
<td>2459</td>
<td>0.74 [0.64;0.85]</td>
<td></td>
</tr>
<tr>
<td>Female</td>
<td>2169</td>
<td>0.77 [0.67;0.89]</td>
<td>0.65</td>
</tr>
<tr>
<td>Presence of AF/AFL</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Yes</td>
<td>1155</td>
<td>0.74 [0.61;0.91]</td>
<td></td>
</tr>
<tr>
<td>No</td>
<td>3473</td>
<td>0.76 [0.68;0.85]</td>
<td>0.85</td>
</tr>
<tr>
<td>Structural Heart Disease</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Yes</td>
<td>2732</td>
<td>0.76 [0.67;0.85]</td>
<td></td>
</tr>
<tr>
<td>No</td>
<td>1853</td>
<td>0.77 [0.65;0.92]</td>
<td>0.85</td>
</tr>
<tr>
<td>LVEF&lt;35% or NYHA&gt;=class I</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Yes</td>
<td>1417</td>
<td>0.74 [0.63;0.87]</td>
<td></td>
</tr>
<tr>
<td>No</td>
<td>3146</td>
<td>0.77 [0.68;0.87]</td>
<td>0.71</td>
</tr>
<tr>
<td>LVEF(%)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>&lt;35</td>
<td>179</td>
<td>0.68 [0.44;1.03]</td>
<td></td>
</tr>
<tr>
<td>&gt;=35</td>
<td>4365</td>
<td>0.76 [0.69;0.84]</td>
<td>0.58</td>
</tr>
<tr>
<td>Beta blocking agents</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Yes</td>
<td>3269</td>
<td>0.78 [0.69;0.87]</td>
<td></td>
</tr>
<tr>
<td>No</td>
<td>1359</td>
<td>0.71 [0.58;0.86]</td>
<td>0.41</td>
</tr>
<tr>
<td>ACE or All receptor antagonists</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Yes</td>
<td>3216</td>
<td>0.74 [0.66;0.83]</td>
<td></td>
</tr>
<tr>
<td>No</td>
<td>1412</td>
<td>0.79 [0.66;0.95]</td>
<td>0.59</td>
</tr>
<tr>
<td>Digitalis</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Yes</td>
<td>629</td>
<td>0.76 [0.59;0.98]</td>
<td></td>
</tr>
<tr>
<td>No</td>
<td>3999</td>
<td>0.76 [0.68;0.84]</td>
<td>0.96</td>
</tr>
<tr>
<td>Calcium antagonists (c)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Yes</td>
<td>638</td>
<td>0.63 [0.48;0.82]</td>
<td></td>
</tr>
<tr>
<td>No</td>
<td>3990</td>
<td>0.78 [0.70;0.87]</td>
<td>0.15</td>
</tr>
</tbody>
</table>

a Determined from Cox regression model  
b P-value of interaction between baseline characteristics and treatment based on Cox regression model  
c Calcium antagonists with heart rate lowering effects restricted to diltiazem, verapamil and bepridil

Similar results were obtained on the incidence of cardiovascular hospitalisation with a risk reduction of 25.5% (p<0.0001). During the course of the study, the number of deaths from any cause was comparable between the dronedarone (116/2,301) and placebo (139/2,327) groups.

Maintenance of sinus rhythm

In EURIDIS and ADONIS, a total of 1,237 patients with a prior episode of AF or AFL were randomised in an outpatient setting and treated with either dronedarone 400 mg twice daily (n = 828) or placebo (n = 409) on top of conventional therapies (including oral anticoagulants, beta blockers, ACE inhibitors or AIIRAs, chronic antiplatelet agents, diuretics, statins, digitalis, and calcium antagonists). Patients had at least one ECG-documented AF/AFL episode during the last 3 months and were in sinus rhythm for at least one hour and were followed for 12 months. In patients who were taking amiodarone, an ECG was to be performed about 4 hours after the first administration to verify good tolerability. Other antiarrhythmic drugs had to be withdrawn for at least 5 plasma half-lives prior to the first administration.

Patients ranged in age from 20 to 88 years, with the majority being Caucasian (97%), male (69%) patients. The most common co-morbidities were hypertension (56.8%) and structural heart disease (41.5%) including coronary heart disease (21.8%).
In the pooled data from EURIDIS and ADONIS as well as in the individual trials, dronedarone consistently delayed the time to first recurrence of AF/AFL (primary endpoint). As compared to placebo, dronedarone lowered the risk of first AF/AFL recurrence during the 12-month study period by 25% (p = 0.00007). The median time from randomised to first AF/AFL recurrence in the dronedarone group was 116 days, i.e. 2.2-fold longer than in the placebo group (53 days).

The DIONYSOS study compared the efficacy and safety of dronedarone (400 mg twice daily) versus amiodarone (600 mg daily for 28 days, then 200 mg daily thereafter) over 6 months. A total of 504 patients with documented AF were randomised, 249 received dronedarone and 255 received amiodarone. The incidence of the primary efficacy endpoint defined as first recurrence of AF or premature study drug discontinuation for intolerance or lack of efficacy at 12 months was 75% in the dronedarone group and 59% in the amiodarone group (hazard ratio=1.59, log-rank p-value <0.0001). AF recurrence was 63.5% versus 42%, respectively. Recurrences of AF (including absence of conversion) were more frequent in the dronedarone group, whereas premature study drug discontinuations due to intolerance were more frequent in the amiodarone group. The incidence of the main safety endpoint defined as the occurrence of thyroid, hepatic, pulmonary, neurological, skin, eye or gastrointestinal specific events or premature study drug discontinuation following any adverse event was reduced by 20% in the dronedarone group compared to the amiodarone group (p=0.129). This reduction was driven by the occurrence of significantly fewer thyroid and neurological events and a trend for less skin or ocular events, and fewer premature study drug discontinuations compared to the amiodarone group.

More gastrointestinal adverse events, mainly diarrhoea, were observed in the dronedarone group (12.9% versus 5.1%).

**Patients with symptoms of heart failure at rest or with minimal exertion within the previous month prior, or who were hospitalised for heart failure during the previous month.**

The ANDROMEDA study was conducted in 627 patients with left ventricular dysfunction, hospitalised with new or worsening heart failure and who had had at least one episode of shortness of breath on minimal exertion or at rest (NYHA class III or IV) or paroxysmal nocturnal dyspnoea within the month before admission. The study was stopped prematurely due to an observed imbalance of deaths in the dronedarone group [n = 25 versus 12 (placebo), p = 0.027] (see sections 4.3 and 4.4).

**Patients with Permanent Atrial Fibrillation:**

The PALLAS study was a randomized placebo-controlled study investigating the clinical benefit of dronedarone 400 mg BID on top of standard therapy in patients with permanent atrial fibrillation and additional risk factors (patients with congestive heart failure ~ 69%, coronary heart disease ~ 41%, prior stroke or TIA ~ 27%; LVEF < 40% ~ 20.7 % and patients ≥ 75 years with hypertension and diabetes ~ 18%). The study was prematurely stopped after randomization of 3149 patients (placebo=1577; dronedarone=1572) due to the significant increase in heart failure (placebo=33; dronedarone=80; HR=2.49 (1.66-3.74)) ; stroke [placebo=8; dronedarone=17; HR= 2.14 (0.92-4.96)] and cardiovascular death [placebo=6; dronedarone=15; HR= 2.53 (0.98-6.53)] (see sections 4.3 and 4.4).

5.2 Pharmacokinetic properties

**Absorption**

Following oral administration in fed condition, dronedarone is well absorbed (at least 70%). However due to presystemic first pass metabolism, the absolute bioavailability of dronedarone (given with food) is 15%. Concomitant intake of food increases dronedarone bioavailability by on average 2- to 4-fold. After oral administration in fed conditions, peak plasma concentrations of dronedarone and the main circulating active metabolite (N-debutyl metabolite) are reached within 3 to 6 hours. After repeated administration of 400 mg twice daily, steady state is reached within 4 to 8 days of treatment and the mean accumulation ratio for dronedarone ranges from 2.6 to 4.5. The steady state mean dronedarone Cmax is 84-147 ng/ml and the exposure of the main N-debutyl metabolite is similar to that of the parent compound. The pharmacokinetics of dronedarone and its N-debutyl metabolite both deviate moderately from dose proportionality: a 2-fold increase in dose results in an approximate 2.5- to 3.0-fold increase with respect to Cmax and AUC.
Distribution
The in vitro plasma protein binding of dronedarone and its N-debutyl metabolite is 99.7% and 98.5% respectively and is not saturable. Both compounds bind mainly to albumin. After intravenous (IV) administration the volume of distribution at steady state (Vss) ranges from 1,200 to 1,400 l.

Metabolism
Dronedarone is extensively metabolised, mainly by CYP 3A4 (see section 4.5). The major metabolic pathway includes N-debutylation to form the main circulating active metabolite followed by oxidation, oxidative deamination to form the inactive propanoic acid metabolite, followed by oxidation, and direct oxidation. Monoamine Oxidases contribute partially to the metabolism of the active metabolite of dronedarone (see section 4.5). The N-debutyl metabolite exhibits pharmacodynamic activity but is 3 to 10-times less potent than dronedarone. This metabolite contributes to the pharmacological activity of dronedarone in humans.

Elimination
After oral administration, approximately 6% of the labelled dose is excreted in urine mainly as metabolites (no unchanged compound excreted in urine) and 84% are excreted in faeces mainly as metabolites. After IV administration the plasma clearance of dronedarone ranges from 130 to 150 l/h. The terminal elimination half-life of dronedarone is around 25-30 hours and that of its N-debutyl metabolite around 20-25 hours. In patients, dronedarone and its metabolite are completely eliminated from the plasma within 2 weeks after the end of a 400 mg twice daily- treatment.

Special populations
The pharmacokinetics of dronedarone in patients with AF is consistent with that in healthy subjects. Gender, age and weight are factors that influence the pharmacokinetics of dronedarone. Each of these factors has a limited influence on dronedarone.

Gender
In female patients, dronedarone exposures and its N-debutyl metabolite exposure are on average 1.3 to 1.9-fold higher as compared to male patients.

Elderly
Of the total number of subjects in clinical studies of dronedarone, 73% were 65 years of age and over and 34% were 75 years of age and over. In patients aged 65 years of age and over, dronedarone exposures are 23% higher in comparison with patients aged below 65 years of age.

Hepatic impairment
In subjects with moderate hepatic impairment, dronedarone unbound exposure is increased by 2-fold. That of the active metabolite is decreased by 47% (see section 4.2). The effect of severe hepatic impairment on the pharmacokinetics of dronedarone was not assessed (see section 4.3).

Renal impairment
The effect of renal impairment on dronedarone pharmacokinetics has not been evaluated in a specific study. Renal impairment is not expected to modify the pharmacokinetics of dronedarone because no unchanged compound was excreted in urine and only approximately 6% of the dose was excreted in urine as metabolites (see section 4.2).

5.3 Preclinical safety data
Dronedarone had no genotoxic effects, based on one in vivo micronucleus test in mice and four in vitro tests.
In 2-year oral carcinogenicity studies, the highest dronedarone dose administered for 24 months was 70 mg/kg/day in rats and 300 mg/kg/day in mice. Observations were increased incidence of mammary gland tumors in female mice, histiocytic sarcomas in mice and hemangiomas at the mesenteric lymph node level in rats, all at the highest tested dose only (corresponding to an exposure of 5 to 10 times that of the human therapeutic dose). Hemangiomas are not precancerous changes and do not transform into malignant hemangiosarcomas in either animals or man. None of these observations was considered relevant for humans.

In chronic toxicity studies, slight and reversible phospholipidosis (accumulation of foamy macrophages) was observed in mesenteric lymph nodes mainly in the rat. This effect is considered specific to this species and not relevant to humans.
Dronedarone caused marked effects on embryo-foetal development at high doses in rats, such as increased post-implantation losses, reduced foetal and placental weights, and external, visceral and skeletal malformations.

6. PHARMACEUTICAL PARTICULARS

6.1 List of excipients

Core of the tablets:
Hypromellose (6mPa.s), maize starch, crospovidone (type A), poloxamer 407, lactose monohydrate, colloidal anhydrous silica, magnesium stearate.

Coating / Polishing of the tablets: hypromellose (6mPa.s), macrogol 6000, titanium dioxide (E171), carnauba wax.

6.2 Incompatibilities

Not applicable.

6.3 Shelf life

3 years.

6.4 Special precautions for storage

Store below 30°C.

6.5 Nature and contents of container

14, 28, 10, 20, 30, 50 and 60 film-coated tablets in opaque PVC/Aluminium blister packs

Not all pack sizes may be marketed.

6.6 Special precautions for disposal

Any unused product or waste material should be disposed of in accordance with local requirements.

7. MARKETING AUTHORISATION HOLDER

sanofi-aventis Israel ltd., Netanya, Israel

8. MANUFACTURER

Sanofi Winthrop industries France